**VITILIGO:**

The white spots on the skin (and/or white hairs) are characteristic of a condition called vitiligo. This is an autoimmune condition that results in loss of cells called "melanocytes" that are responsible for producing pigment (color) in the skin. This loss of pigment is usually not permanent, and there are treatments that can help the skin to regain its pigment.

Please begin using the prescription medicine, \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, to affected areas on **body, arms, and legs**. (If white spots develop on face, armpits, or groin areas and you have not been given a prescription or other treatment recommendations for them, please call the office to obtain an alternate therapy.)

For white spots on the **face, groin, and/or armpits,** please begin using \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ twice daily.

Ultraviolet (UV) light is also known to stimulate repigmentation, and in some cases, we utilize artificial UV light for treatment of vitiligo. Natural UV light by means of safe sun exposure can be beneficial for vitiligo as well. We recommend 15 minutes of sun exposure to these areas at most so as not to develop a sunburn. If you notice that the white spots are becoming pink or red, please apply sunscreen right away and remove the child from the sun.