***Initial Phone Call before Home Visit Script***

*Hello\_\_\_\_\_\_\_\_\_\_\_\_\_\_, this is Dr. \_\_\_\_\_\_\_\_\_\_\_\_, just to remind you we spoke in clinic about a possible home visit and I wanted to see if you were still interested in taking advantage of our program. Ultimately the goal of our program is to help reduce many of the barriers that limit healthy lifestyles while at the same time promote ways to achieve success. What would be the best time, date we can meet? Are there any family members that you don’t feel comfortable with us talking infront of? Any pets? Would it be possible to place them in a room while we talk? To save time we are asking all our families to meet us outside so we can walk in together and not get lost. Where can I meet you outside of that day? There is one thing that I need you to do prior to my visit. It is called a 24hr recall. On the day before my visit, I want you to write down your normal wake up time, as well as your meals throughout the day and what time you ate them, and what you drank with them. End with your bedtime and you are all done. How does that sound? Do you have any questions? Well thanks again Mr/Mrs.\_\_\_\_\_\_\_\_\_\_\_\_ and we will see you on\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*