**Healthy Homes, Healthy Futures**

*Intervention Recommendations*

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*-Recommend including-local gym/rec center from* [*http://dpr.dc.gov(DC*](http://dpr.dc.gov(DC) *Parks & Recs Website)*

*-Discuss with your 1:1 Consult with Dietitian*

*-Consider including other resources(Ex. Pest Control, CNMC Legal Services, etc.)*

*-Nutrition Handouts on Resident Book(including tips for reducing TV time.)*

*-Consider making tailor made Recipe Book from* [*http://recipefinder.nal.usda.gov/cookbook*](http://recipefinder.nal.usda.gov/cookbook)

*-Other Helfpul Websites:*

*1. Walkscore.com*

*2. dcfoodfinder.org*

*3. kidscount.com*

*-Goal: Try not to overwhelm families, 10 items are max suggestions.*